



GOVERNMENT OF WEST BENGAL  
Office of The Principal

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**STATE INSTITUTE OF PHYSICAL EDUCATION FOR WOMEN, HASTINGS HOUSE**

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(Affiliated to Calcutta University & Recognized by NCTE)

Ref. No.: 15(A)/T-7

Date: 02/01/25

From : The Principal  
State Institute of Physical Education for Women  
Hastings House, Alipore, Kolkata - 700 027

**TENDER NOTICE**

Sealed tender is invited for the reputed publishers/ Book Seller/ Book Suppliers to purchase the Text & Reference Books on English vision only from International level publishers for the subjects Physical Education & Health, Sports & Exercise Science, Biomechanics, Teacher Education and allied areas for the library of this college in the financial year 2025-26.

Publisher/ Agencies are requested to submit the discount rate of tender the reference & text books of International level for English only. The list is attached with this notification.

The sealed tender must reach to the office within 60 days and from the date of publication of this notice. Tender may be submitted electronically through college's registered e-mail-id principal@sipew.org. Tender will be open next day in presence of all agencies, who would be submitted the tender. Agencies are requested to remain present during the opening of the quotation. Any tender found incomplete or not as per Govt. Rules and Norms will be rejected immediately. No correspondence will be made to the concerned agency for that reason.

Office has full right to cancel or reject the Tender any time without showing any reason.

**Principal**

State Institute of Physical Education for Women  
Hastings House, Alipore, Kolkata

**Principal**  
State Institute of Physical  
Education For Women  
Hastings House  
Alipore

**Enclosure:**

(1) List of the Books of International level Publishers

**Tender Notice displayed on:**

1. English & Bengli Newspaper (The Statement & Dainik Statesman)
2. Notice Board, Office of the SDO, Alipore Sadar, South 24 Parganas
3. Notice Board, Office of the Alipore, Treasury – I, Alipore
4. College Notice Board
5. College website : www.sipew.org

STATE INSTITUTE OF PHYSICAL EDUCATION FOR WOMEN  
20B JUDGES COURT ROAD, HASTINGS HOUSE, ALIPORE, KOLKATA-27

List of the Books in English of International Publishers

Sl No	Name of Books	Publisher
1	A Mans Guide to Muscle and Strength	Stephen Cabral
2	ACSMS Body Composition Assessment	Laurie Millikin
3	ACSMS Health Fitness Facility Standers	X
4	ACSMS guide to Exercise and Cancer	Melinda Irwin
5	Active living everyday -3rd EDN	X
6	Adapted Physical Education and Sports	Joseph P
7	Adapted Physical Education National	Luke E Kelly
8	Advanced Exercise Physiology	N Keteyian
9	Advanced Fitness Assesment And Exercise Prescription (HB)	X
10	Advanced sports nutrition -3rd EDN	Dan Benardot
11	Aerial adventure environment	Ellizabeth A
12	Applied Sport Management Skills	Robert N
13	Archery Drill Book	Steve Ruis M
14	Archery steps to success -4th EDN	Cat
15	Assesment in applied sports physiology	Jim Taylor
16	Assesment for sport and athletic performance	David H
17	Athletic Movement skills	Clive Brewer
18	Athletic Taping , Bracing and custing	David Perrin Ian
19	Attention and focus in dance	Clare Guss West
20	Basketball essentials	Ryan Goodson
21	Beginning Hip-hop dance with web	Emoncell
22	Better Body workout for women	Dean Hodgkin
23	Bigger faster stronger	Grag Shepard
24	Body Building	Peter Fitsc
25	Building muscle and performance	Nick
26	Buisness of Personal Trainning with web	Mark
27	Cardio Pulmonary exercise testing	Thomas Rouland
28	Carriers In dance	Ali Duffy
29	Clinical guide to musculoskeletal Palpation	Michael
30	Clinical guide to positional release therapy with web resource	
31	Coaching basketball technical and Tactical Skills	American Sport
32	Coaching better every season	
33	Coaching Tennis technical and tactical skills	
34	Complete conditioning for soccer	
35	Complete conditioning for Tennis (2nd Edition)	
36	Complete guide to foam rolling	
37	Complete guide to Sports Education (3rd Edition with web resource)	



SI No	Name of Books	Publisher
38	Conditioning for dance (2nd edition with web resource)	
39	Dance anatomy and kinesiology (2nd edition with web resource)	
40	Dance composition basics (2nd edition with web resource)	
41	Dance Teaching methods and curriculum design 2 nd edition	
42	Development Physical Education for All Children	
43	Developmental and adapted physical activity assessment ((1st edition)	
44	Diet lies and weight loss truths	
45	Discovering orienteering skills, techniques and activities	
46	Dynamic Human Anatomy 2nd Edn	
47	Effective leadership in adventure programming (3rd edition)	
48	Effective physical education content and instruction with web	
49	Ethics in sports (3rd edition)	
50	Europeactive's essentials for fitness instuctors	
51	Europeactive's essentials for personal trainers	
52	Exercise and Physical Activity for older Adults	
53	Exercise biochemistry (2nd edition)	
54	Exercise Technique Manual for Resistance Training	
55	Fallproof! A comprehensive balance and mobility training progr	
56	Fitness step to success	
57	Foundation of Therapeutic Recreation - 2nd EDN	
58	Fusion Workout	
59	Guidelines for cardiac Rehabilitation and Secondary Prevention	
60	Guidelines for palmonary Rehabilitation programmss	
61	Handbook of Neurological Sports Medicine	
62	History and Physiology of Sport and Physical Activity	
63	Interprofessional Educaion and Collaboration	
64	Introduction to Kinesiology with web study guide	
65	Leisure Srevices Management (2nd edition with web resource)	
66	Low Book Disorders (3rd edition with web resource)	
67	Mangement Strategies in Athelic Training (5th Edition)	
68	Managing Sport Facilities -4th EDN with web study	
69	Mastering Mounting Bike skills (3rd Edition)	

SI No	Name of Books	Publisher
70	Methods of group exercise instruction (4th edition with online)	
71	Modern Art and science of mobility	
72	Modern Art of high intencity training	
73	Monitoring Training and Perfomance in Athletics	
74	Myofascial Training	
75	New Functional training for sports (2nd edition)	
76	Organization and adminitration of physical education with web	
77	Pe for children with moderate to severe disabilities	
78	Preformance based assetment for middle and high school phys	
79	Physical activity instructor of older adults	
80	Physical activity instructor of older adults	
81	Pilates and conditioning for athelets	
82	Plyometrics	
83	Power lifting	
84	Prescriptive stretching (2nd edition)	
85	Promoting actives lifestyles in schools with web resource	
86	Psychology of Sport Injury	
87	Recreational therapy assessment	
88	Research methods and design in Sports Management (2nd edition)	
89	Science and application of high intecity interval training	
90	Science and development of muscle hipertrophy (1st edition)	
91	Soccer anatomy (2nd edition)	
92	Social Media and Sports with Web resource	
93	Soft tissue and trigger point release (2nd edition)	
94	Sports and recreation in Canadian History	
95	Sports,Business hand book	
96	Sports coaches hand book	
97	Sports in a changing world	
98	Sports Marketting	
99	Sports therapy for the shoulder: Evalution rehabilitation	
100	Sports injuries guidebook (2nd edition)	
101	Sports massage for injury care	
102	Sports rules book (4th edition)	
103	Strength Band training (3rd edition)	
104	Strength training anatomy workout III	
105	Strength training for Football	
106	Strech to win (2nd edition)	



SI No	Name of Books	Publisher
107	Team building through physical challenges-2nd EDN	
108	Tennis step to success	
109	The Essentials to Teaching Physical Education	
110	Timing resistance training	
111	Train to TRI	
112	Training and conditioning for JUDO	
113	Understanding the Pelvis	
114	Universal design for learning in Physical Education with web resource	
115	Water fitness progressions	
116	Womens home work out Bible	
117	Wrestling tough (2nd edition)	
118	Your strong, Sexy pregnancy	
119	Championship Triathlon Training (PB)	Dallam G. M
120	Coaching Soccer Successfully (PB)	Rees. R
121	Basketball Step to Success (3rd Ed.) (PB)	Wissel. H
122	Coaching Youth Soccer (5th Ed.) (PB)	A.S.E.P
123	Worksite Health Promotion (2nd Ad.) (PB)	Chenoweth, D.H
124	Performance- Based Assesment for Middle and High School Physical Education (PB)	Lund J.L
125	Offensive Plays and Strategies (PB)	WBCA
126	Sports Public Relations Managing Organization Communication (HB)	Stoldt. G. C
127	Promoting Physical Activity (PB)	Brown. D. R
128	Men's Body Sculpting (PB)	Evans.N
129	Building Strength and Stamina (PB)	Westcontt. W
130	Premier Soccer (PB)	Parker M
131	Secrets to success in sport & Play (PB)	Torbert. M
132	Physiology of Sports and exercise (4th Ed.) (HB)	Wilmore. J. H
133	GCSE Physical Education : A revision guide (PB)	Ferguson. T
134	Inclusive Physical activity : A lifetime of opportunities (HB)	Kasser.S
135	Innovative analysis of Humsn Movement (HB)	Stergiou N (Ed)
136	Research Methods in Physical Activity (HB)	Thomas J.R
137	Rock Clibing (PB)	Kidd.T W
138	Foundation of Athletic Training (4th Ed.) (HB)	Lippincott
139	Exercise Management (HB)	Mackinnon L.T
140	Complete Conditioning for Soccer (PB)	Gatz.G
141	Complete Conditioning for Swimmimg (PB)	Solo. D
142	The Athlete's Guide to Making Weight (PB)	Macedonio M.A
143	Self Defense : Steps to Survival (PB)	Mattingly. K
144	Measurement Theory and Practice in Kinesiology (HB)	Wood. T. M
145	Advances in Exercise Immunology (HB)	Mackinnon L.T
146	Campus Recreational Sports Facilities Planning Design & Construction Guidelines (HB)	NIRSA

Sl No	Name of Books	Publisher
147	Exertional Heat Illness	Armstrong
148	Foundation of Sports & Exercise Psychology, 5/E, (HB)	Weinberg R.S
149	Free Radicals in Exercise and Aging (HB)	Radak
150	Genetics primer for Exercise Science and Health	Roth
151	HIV/AIDS in sport: Impact, Issues & Challenges	Sankaran G
152	International Sport Management (HB)	LI
153	Low Back Disorders, 2/ED (HB)	Mc Gill
154	Managing Sport Organizations (HB)	Hernandez R
155	Measurement and Evaluation in Human Performance (HB)	Morrow
156	Self -Efficacy in Sport : Research and Strategies for Working with Athletes, Teams and Coaches (HB)	Feltz
157	Sports First Aid, 4/ED (PB)	Flegel
158	Stress Fractures (HB)	Brunkner
159	Therapeutic Exercise for Musculoskeletal Injuries 3/E (HB)	Houglum P A
160	Women's Fitness Program Development (HB)	Cowlin
161	Advanced First Aid, CPR and AED Advanced 6ED, W/Access Cide (PB)	Steven
162	Laboratory Manual for Cilinical Kinesiology And Anatomy (PB)	Lippert
163	Service -Learning in Physical Education and other Related Professions : A Global Perspective (PB)	Miller
164	Understanding Anatomy & Physiology (PB)	Sloan
165	The Biophysical Foundation of Human Movement 2ED (PB)	Abernethy. B
166	Peripheral Nerve Injuries in the Athlets (HB)	Feinberg J.H
167	Advanced Fitness Assesment And Exercise Prescription (HB)	Heyward V.H
168	Managing Risk in Sport and Recreation :The Essential Guide for Loss Prevention (HB)	Nohr K. M .
169	Exercise Psychoplogy (HB)	Buckworth J
170	Clinical Exercise Physiology 2ED (HB)	Ehrman J .K
171	Introduction to Athletic Training 2ED	Hillman S.K
172	Management Strategies in Athletic Training 3ED (HB)	Ray R.
173	Physiology of Sport and Exercise	Willmore
174	Advanced Fitness Assesment And Exercise Prescription ( X	
175	Advanced sports nutrition	Dan Benardot
176	Coaches Guide To Team Policies (Pb)	
177	Fitness For Life - Updated 5Th Edition(Hb)	
178	Free Radicals In Exercise And Aging(Hb)	
179	Managing Sport Organizations (Hb)	
180	Plyometrics	
181	Morning Strength Workouts (Pb)	
182	Peripheral Nerve Injuries In The Athlete (Hb)	
183	Sport First Aid, 4/Ed(Pb)	